

Small Step Improvements



School Food Ambassador Event West Midlands

Date 06-Jan

**SCHOOL
FOOD TRUST**
Eat Better Do Better

The Small Step Improvements Programme

- The School Food Trust has been working with schools across the country.
- Over the period of the programme, we task each participating school to increase take up of healthy meals by improving the school meals service for the customer.
- The programme itself consists of three workshops
 - *where a small team from each school (including a member of the kitchen staff and the schools leadership team) trial and evaluate changes*



Plan, Do, Study, Act



Plan



- Identify what data and measurements you want to collect before you undertake the changes.
 - *Define the purpose of the process and what you are trying to improve*
 - *What data needs to be collected?*
 - *Make predictions about what might happen and why*
 - *What outcomes do you think you will achieve by making the change and what other impacts might occur?*



Do



- Try out the test on a small scale by making a change to the process you have been studying.
 - *Carry out the test*
 - *Document the challenges and unexpected observations*
 - *Collect measurements about the new process*
 - *Begin analysis of the data*



Study



- Set aside time to look at the data and study the results and measurements.
 - *Consider what the data is telling you*
 - *Compare the data to your predictions. Has the test proved that your change gave the desired result or not? Why do you think this might be?*
 - *Summarise and reflect on what was learned and apply to next cycle.*



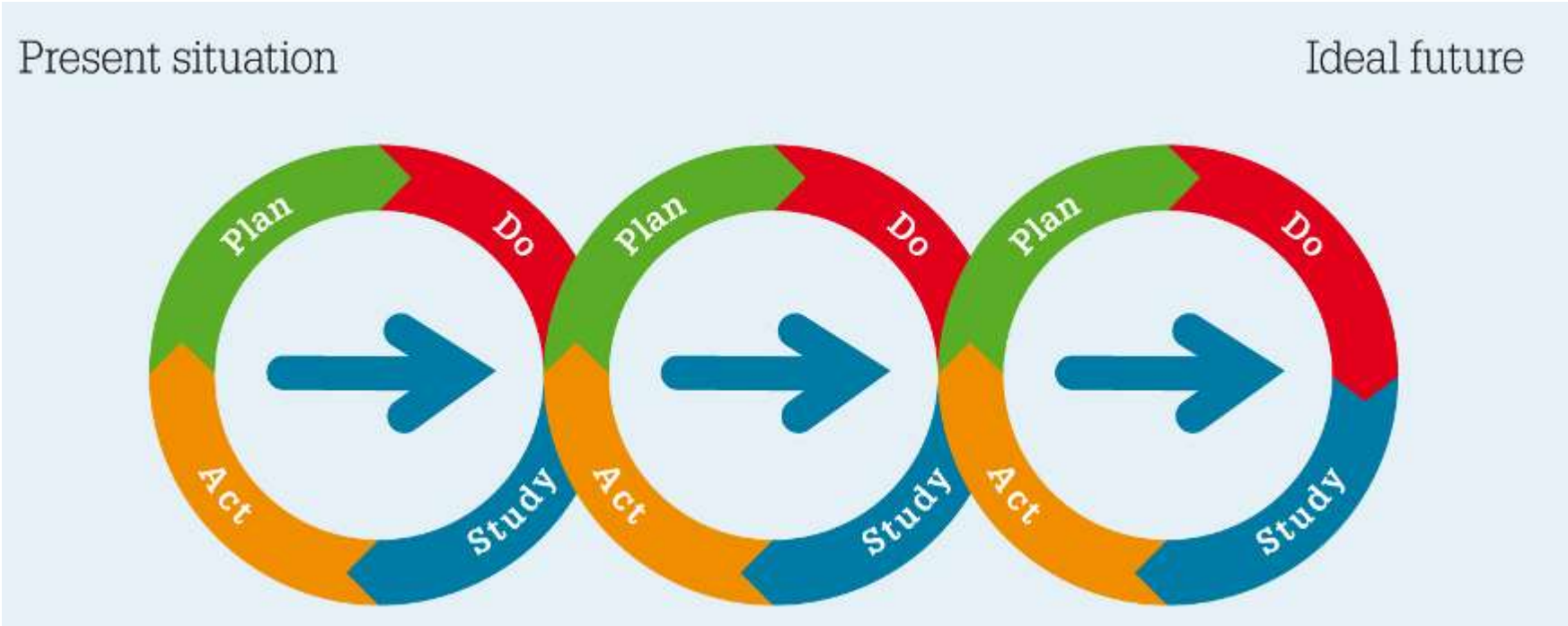
Act



- Based on what you learned from the test, do you need to refine your change?
 - *Determine what changes should be made*
 - *Implement the change permanently, modify or stop the trial*
 - *Think about what you can do next to keep improving.*



Plan, Do, Study, Act



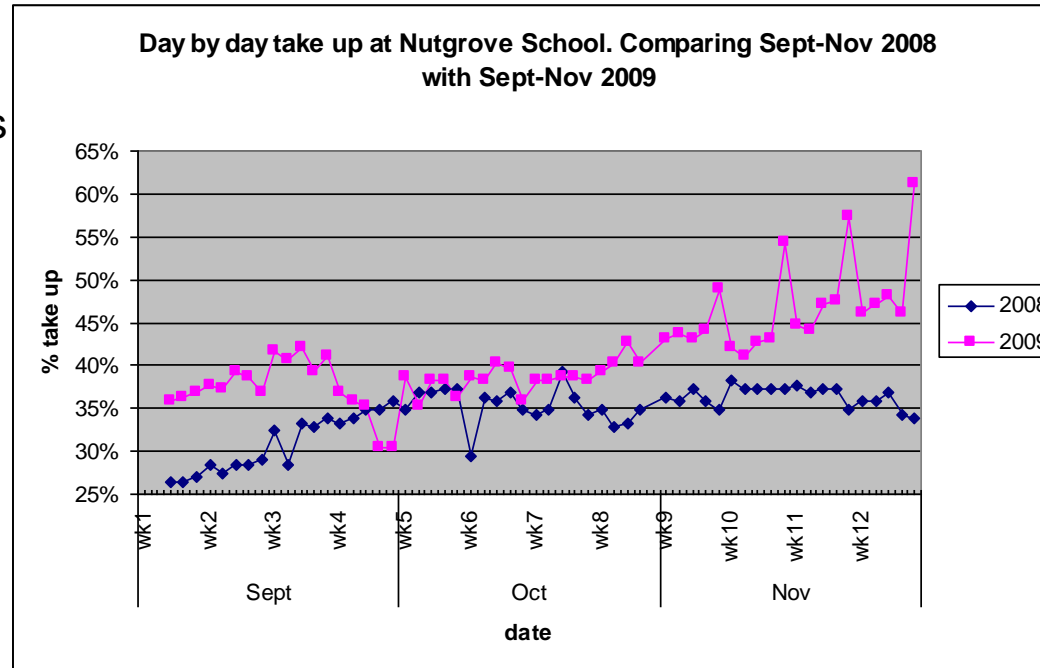
Nutgrove Primary

Statement of intent: Improve the dining room environment

What they did

- Introduced incentives - They give out stickers for eating their food (especially vegetables)
- Introduced a 'star table' which has 16 seats.
- Each child who is chosen to sit at the table can choose a friend to go with them.
- The school have a newshound group who write articles for the school newsletter – around school lunches

Allow school lunch and pack lunches to mix



7%



Grange Valley

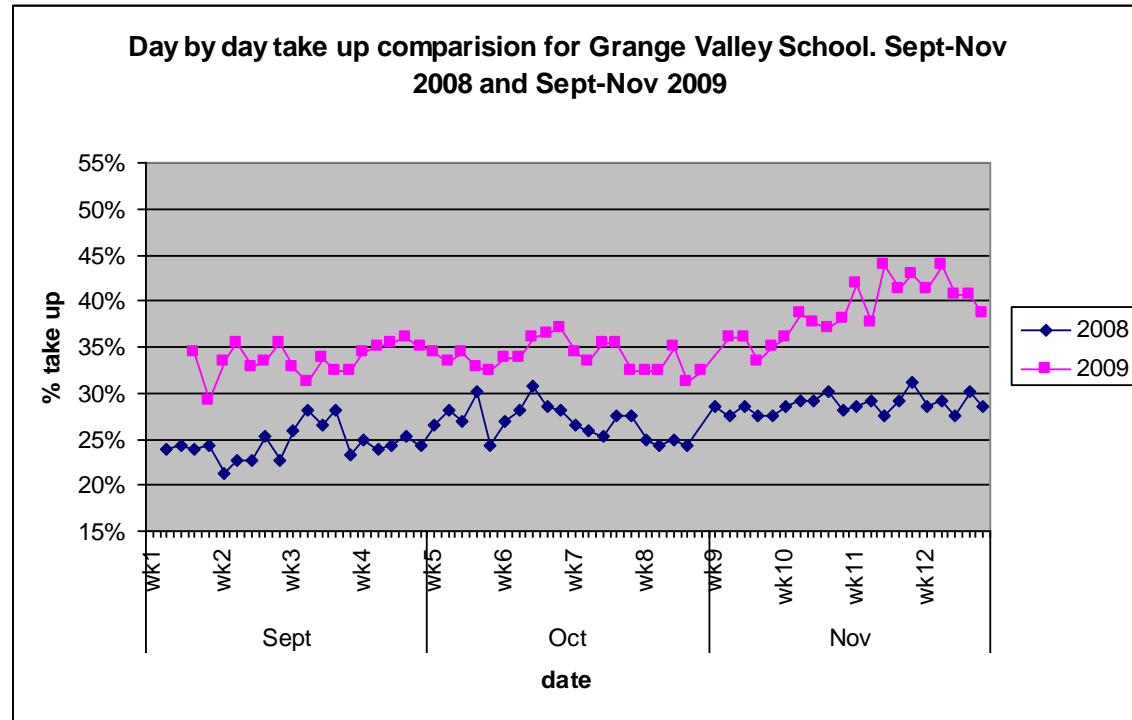
Statement of intent: Encourage a pleasant dining experience

What they did

Initial discussions with student council and student body

Decided to let pack lunch and meals sit together

Re arranged furniture to allow students to sit in smaller groups with friends



9%



Thank You

